

YOUR PERSONAL SUPPORT SPECIALIST

A familiar face. A helping hand.

Kindness, patience, commitment, practical training and experience.

1. **One dedicated caregiver**
   A primary PSS who gets to know your routines.

2. **Prepared to help**
   State-approved PSS training and background screening.

3. **Ongoing supervision**
   Supervisory visits conducted quarterly.

LET'S TALK ABOUT CARE AT HOME

Begin with a free home visit.

Meet our Client Services Supervisor and your assigned PSS. Together, we'll discuss needs, routines and a schedule.

CALL TO ARRANGE YOUR VISIT

(207) 892-1454

callhomesupport.com

referrals@callhomesupport.com

744 Roosevelt Trail, Suite 210
Windham, ME 04062

Monday–Friday, 8:00–4:00
After-hours voicemail is monitored.

Family-owned • State-licensed
Helping Maine families since 2002

HOME SUPPORT SERVICES, LLC

Home is where life happens.

We help keep it that way.

IN-HOME ELDER CARE

Personal Support Specialists helping older adults stay safe and independent at home.



(207) 892-1454

Visits scheduled for fixed days and times.

Personalized plan of care. Dedicated PSS assigned.



HELP WITH DAILY LIVING

Plan of Care.

01 **Personal care**

Bathing, dressing, hygiene, toileting and help with transfers.

02 **Help around the house**

Meals, groceries, laundry and light housekeeping.

03 **Companionship & routines**

Medication reminders, social time and transportation.

A PLAN OF CARE THAT FEELS FAMILIAR

To meet your needs.

Meet. Plan. Begin.

Your free home visit helps us understand what matters most to you.

A dependable routine

Fixed schedules. Visits must be a minimum of 3 hours and at least once per week.



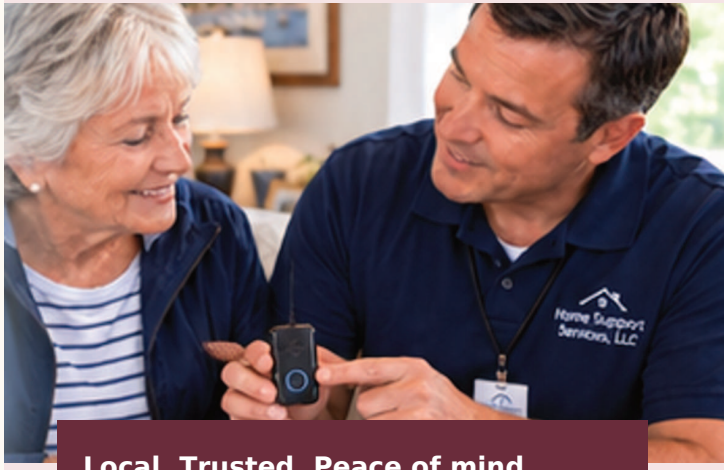
Safety in the home

Clear walking paths.
Good lighting.
Support with daily tasks.

ADDED SAFETY BETWEEN CAREGIVER VISITS

HelpLine

MEDICAL ALERT



Local. Trusted. Peace of mind.

Another layer of reassurance.

At-home and mobile systems complement your caregiver visits.

24/7 emergency monitoring

Help at the press of a button.

Free on-site service

Selection, installation and ongoing support.

Cancel anytime

Pay only the monitoring fee; return equipment.

helplinemedicalalert.com